

SAN FRANCISCO SURGICAL Medical Group

COLORECTAL AND GENERAL SURGERY

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MOVIPREP Bowel Preparation (Before Surgery)

Please pick up prescription one (1) week prior to your procedure

CLEAR LIQUID DIET : Clear soup or consommé
Black coffee or tea (sugar is ok, but no milk)
Juices without pulp (apple, white cranberry, lemonade)
Plain Jell-O or popsicles (any color is ok, EXCEPT RED OR PURPLE)
NOTE: you may not have anything that is RED OR PURPLE colored

YOU MAY NOT HAVE: Dairy products
Solid foods
Alcoholic beverages

**** Bowel preparation begins the day before your procedure as soon as you wake up and consists of a CLEAR LIQUID DIET, for the whole day.****

Failure to take the bowel prep as indicated below may result in a poorly cleansed colon and possible cancellation of the procedure.

Step 1: (9 AM) on:

- Empty 1 Pouch A and 1 Pouch B into the disposable container.
- Add lukewarm drinking water to the fill line of the container.
- Mix to dissolve. (Optional: You may refrigerate the solution)

Step 2:

- The Moviprep container is divided by 4 marks. Every 15 minutes, drink down to the next marker (approximately 8 oz) until all is consumed.
- Drink each glass quickly, rather than drinking small amounts continuously.
- Be sure to drink ALL of the solution.

Step 3:

- Drink an additional 2 glasses (16 oz) of clear liquid of your choice before next step.

Step 4:

1 ½ HOURS LATER

- Repeat steps 1, 2, and 3 above.
- When finished, you will have consumed 2 liters of Moviprep and 1 additional liter of clear liquids for hydration.

REMINDER: BE SURE TO TAKE THE ANTIBIOTIC – FLAGYL 250 MG TODAY

Step one



Step two and three



Step four

**Repeat steps
1 – 3 above**

PLEASE DO NOT HAVE ANY LIQUIDS AFTER MIDNIGHT THE NIGHT BEFORE YOUR PROCEDURE